

Diapause

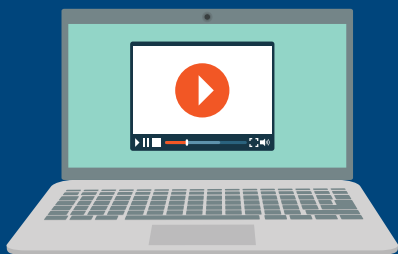
Ramadan Kareem! We wanted to wish a Happy Ramadan to those who celebrate it. In honor of the holiday, we want to focus on a diapause. Diapause is a special life phase that many marine animals and insects undergo where they lower their metabolism and fast.

READ



[Diapause in Insects by ThoughtCo.](#)

WATCH



[How Do Insects Survive the Winter? by SciShow](#)

ACT



Go into your yard or look out of a window. Observe the habitat. Draw a picture of 3 different plants that you can see. If you were a caterpillar, is this an environment that you would consider to grow and thrive in? Do you think you would come out of your winter diapause now? Or would it be better to wait?