



**Family Style Menu (For Four People): \$14.95**

Your choice of a 12" pizza or ten chicken fingers, four fountain drinks, and two of the following sides:

- Large Fries
- Large Salad
- Mac 'n Cheese

**Kids' Meals**

- Chicken Finger and Fries -\$4.50
- Mac 'n Cheese and Fries- \$4.00
- Kid Burger and Fries -\$4.50
- Add a fountain drink for \$.50



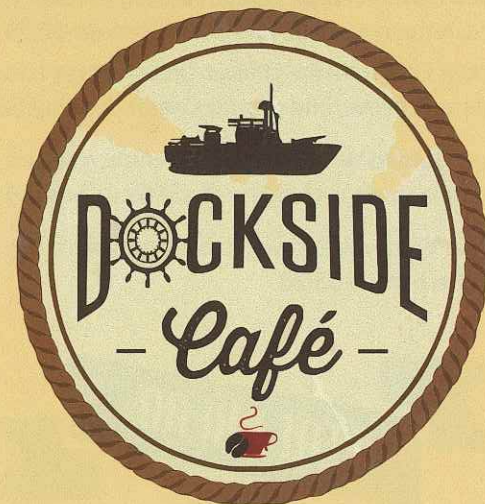
**ASK ABOUT OUR CATERING SERVICES**



General Means Food Services, Incorporated  
Catering Information

2400 Washington Avenue  
Newport News, VA 23607

Phone: (757) 926-8635



# FOOD MENU

**1 Waterside Drive,  
Norfolk, VA 23510**

Disclaimer: "These items are cooked to order and may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness".

## WRAPS

**Cheesesteak Wrap**- shaved ribeye steak, onions, cheddar cheese, lettuce, tomato and mayo-\$6.75

**Grilled Chicken Wrap**- chicken breast, cheddar cheese, bacon, lettuce, tomato, and Chipotle mayo-\$6.50

**Chicken Caesar Wrap**- chicken breast, crispy lettuce, parmesan cheese, and creamy Caesar dressing-\$6.50

**Crispy Buffalo Wrap**- crispy fried chicken tossed in Buffalo sauce with house made Bleu Cheese-\$6.25

**Veggie Wrap**-roasted vegetables, provolone cheese with herb mayo-\$5.50

## FLAT BREAD

**Tomato Basil**-chunky marinara with mozzarella and fresh basil, with balsamic drizzle - \$5.75

**Spinach and Roasted Garlic**-sautéed spinach, roasted garlic spread with mozzarella cheese -\$5.75

**Buffalo Shrimp**-Bleu Cheese crumbles and sautéed shrimp tossed in Buffalo sauce- \$6.75

**Wild Onion& Mushroom**-Portobello and Crimini mushrooms, caramelized onions and mozzarella cheese -\$5.75

**Roasted Veggie**- An array of mixed roasted vegetables selected by Chef with mozzarella cheese -\$5.50



MAKE IT A COMBO FOR ONLY \$2.50 MORE  
ADD A SIDE OF FRIES AND A 24OZ. DRINK  
TO ANY SANDWICH, BURGER, FLATBREAD, OR WRAP

## SANDWICHES

**Salmon Club**-salmon, bacon, lettuce, tomato and lemon herb mayo -\$7.25

**Dockside Club**-ham, turkey, bacon, cheddar, lettuce, tomato and mustard/mayo spread -\$6.75

**Turkey OR Ham Sandwich**-lettuce, tomato, cheddar and mustard/mayo spread -\$6.25



## PRESSED SANDWICHES

**Cuban**-roasted pork, ham, pickles, and spicy mustard spread -\$6.00

**Chipotle Grilled Cheese**-onions, tomato, bacon and Chipotle spread -\$5.00

**Grilled Chicken**-boneless breast, provolone and pesto spread -\$6.25

**Ranch Chicken**-boneless breast, bacon, lettuce, tomato and Ranch spread -\$6.75

**Pastrami Sandwich**- pastrami, Swiss and Chef's "special l sauce" -\$6.75



## BURGERS

**All American Burger** -burger, lettuce, tomato, onion, cheese, mayo, pickle -\$6.00

**Captain Burger**- bacon, lettuce, tomato, onion and pickles -\$6.75

**BBQ Burger**-bacon, BBQ sauce, cheddar cheese and crispy onion topping -\$6.75

**Black & Blue Burger**-blackened seasoning, caramelized onion, Bleu Cheese crumbles- \$6.75

## CARIBBEAN BOWLS

Choose your meat, all of your toppings, and your sauce:

### Meat:

Jerk Chicken  
Stew Beef  
Curry Pork rty+

### Toppings:

Jasmine Rice  
Brown Rice  
Roasted Veggies

### Toppings:

Three Beans  
Fried Cabbage  
Cucumber Slaw  
Corn

### Sauces:

Scotch Bonnet Sauce- if you like heat, then you will love this spicy sauce!  
Tamarind BBQ  
Curry Sauce

BYO Salad Bar - \$4.49per lb

Wing Bar - \$5.49 lb.

## SIDES AND DRINKS

### Sides:

Cole Slaw-\$1.50  
French Fries -\$1.50  
Onion Rings -\$1.50

### Drinks:

24 ounce fountain drinks \$1.99 + tax  
16 ounce cup of coffee \$1.25 +tax